

**Degree Course (Three Years)**

**Psychology Honours**

**B. A. Part– I**

Paper I – General Psychology	- 75 marks
Paper II – Psychopathology	- 75 marks
Practical -	- 50 marks

**Honours Paper – I**  
**General Psychology**

**F. M. – 75 marks**

**Time – 3 Hours**

At least one question to be set forms each chapter. Five questions are to be answered out of ten questions.

1. Method – Observation: Advantages and limitations; Experimental: Advantages and limitations.
2. Nervous system – Kinds: Central and Peripheral; Structure and Function of brain. Methods of studying brain functioning Theories of cortical functioning -- localization and mass action.
3. Perception – Characteristics and Determinants. Theories: Gestalt and Behaviouristic. Role of personal and social factors in Perception .
4. Learning – Role of motivation in learning. Theories : Connectionism, Insight and Conditioning, Classical and Instrumental.
5. Remembering and Forgetting – Nature, Ebbinghaus and Bartlett's view points, factors of retention, Retroactive Inhibition. Nature and theories of forgetting.
6. Thinking – Thinking and related concepts; Problems solving. Role of set in thinking; Language and thought. Theories – Central and Peripheral; Creative thinking.
7. Emotion – Nature, Bodily changes. Theories – James-Lange; Cannon-Bard and Activation theory.
8. Intelligence – Nature, Theories, Measurement of intelligence and uses of intelligence tests.
9. Personality – Nature, Type and Trait approach. Determinants – Biogenic and sociogenic; measurements of personality.

**Books Recommended**

1. Psychology- Baron and Mishra
2. Introduction to Psychology - Morgan, King, Robinson and Schopler
3. Introduction to Psychology –Atkinson & Hilgard.
4. Psychology – Ciccarelli and White
5. Advanced General Psychology (Hindi)– Arun Kumar Singh
6. Manovigyan - Visya avam Vyakhya – A . Rahman
7. Samanya Manovigyan – Md. Sulaniman and Dinesh Kumar
8. Adhunik Samanya Manovigyan – Sinha & Mishra

## **Honours Paper II Psychopathology**

**F. M. – 75 marks**

**Time – 3 Hours**

One Question to be set form each chapter. Five to be answered out of ten questions.

1. Different views about abnormality. A brief history of psychopathology.
2. Topographical and dynamic aspects of mind.
3. Psychopathology of everyday life. Mental conflicts and defence mechanisms; psycho- sexual development.
4. Dreams – Dream work. Theories : Freud, Jung and Adler.
5. Neuroses – Difference between Neuroses and Psychoses; Anxrety Neurosis, Obsessive – Compulsive Neurosis, Hysteria – Clinical pictures and etiologies.
6. Psychoses – Paranoia, Manic Depressive and Schizophrenia – Clinical pictures and etiologies.
7. Psychopathic disorders – Types, Clinical pictures and dynamics.
8. Psychosomatic disorders – Types, Clinical picture and dynamics.
9. Therapies – Psychoanalytic, Group, Behavior and client centred. Use and aims of psychotherapy.
10. Mental Retardation – Clinical classification, Causes and rehabilitation.

### **Books Recommended**

1. The Disorganised Personality- Kisker
2. Abnormal Psychology- Butcher, Hooley, Mineka and Dwivedi
3. Abnormal Psychology- William Ray
4. Abnormal Psychology- Girishbala Mohanty
5. Abnormal Psychology- Davison and Neale
6. Asamanya Manvigyan- Arun Kumar Singh
7. Asamanya Manovigyan- Makhija & Makhija
8. Asamanya Manovigyan – Sinha & Mishra

## **BA (Part I ) Hons. Paper- Practical**

**Time – 4 hours**

**F . M. – 50 marks**

**Any two out of four to be Conducted in the Examination.**

1. Verbal learning – Method of simple reproduction and serial learning.
2. Sensory Motor learning – Bilateral transfer of training and Habit interference.
3. Method of Paired Comparison – Colour Preference.
4. Measurement of Muller–Lyer Illusion by Method of Average Error and Method of Limits.
5. Span of attention and distraction of attention.
6. Recall Vs Recognition.

### **Books Recommended**

1. Experiments in Psychology: S . M . Mohsin
2. Manovaigyanik Prayog avam Parikshan – Sulaiman and Kumar
3. Manovigyan me prayog tatha parikshan- Arun Kumar Singh

**B .A . Part I**  
**Psychology Subsidiary**  
**Paper I**  
**General Psychology**

**F . M . – 75 marks**

**Time – 3 hours**

Atleast one question to be set from each chapter. Five to be answered out of ten questions.

1. Subject matter and Method – Introspection, Observation and Experimental-Merits and demerits.
2. Nervous system – Kinds of Neurons, All or None law; Structure and function of brain.
3. Perception – Nature, Characteristics, Process and Gestalt view.
4. Learning \_ Nature, Theories – Trail and Error, Insight and Classical Conditioning.
5. Remembering – Nature and Processes
6. Forgetting – Nature and Causes.
7. Emotions – Nature, Bodily changes; James – Lange and Cannon and Bard theories.

**Books Recommended:-**

1. Morgan & King – Introduction to Psychology
2. Mohsin S . M . – Elementary General Psychology
3. Sinha & Mishra – Samanya Manovigyan
4. Sulaiman and Kumar – Ashunik Samanya Manovigyan
5. Ram Prasad Pandey – Samanya Manovigyan
6. Shambhu Nath Sharma – Samanya manovigyan

**Paper- Practical**

**Time -3 hours**

**F. M . – 25 marks**

**Distnbution of Marks:** Testing- 20 marks + N. B. - 05 marks = 25 marks

**Testing (Only one out of Two )**

1. Nonverbal Test of Intelligence Pass Along Test, Block Design Test, Cube Construction Test.
2. Verbal Test – Bihar General Intelligence Test by S. M . Mohsin.

**Books Recommended:-**

1. Experiments in Psychology: S . M . Mohsin
2. Manovigyan me prayog tatha parikshan- Arun Kumar Singh

**B. A. Part II Honours**  
**Paper - III**  
**Educational Psychology**

**F . M. --- 75 marks**

**Time – 3 Hours**

At last one question to be set form each chapter. Five to be answered out of ten questions.

1. Definition; Difference between Education and Educational Psychology.
2. Methods – Rating and Raking , Case Study and Interview.
3. Measurement of Intelligence, Aptitude and Achievement.
4. Learning – Programmed learning. Formal and Distant Education. Role of motivation in learning.
5. Examination: Essay Type and objective Type: Merits and Demerits
6. Education of special types of Children – Physically Handicapped, Mentally Handicapped and Problems Children.
7. Guidance and Counselling – Meaning Uses and Methods.

**Book Recommended**

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|-----------------------|-------------------------------|
| 1. Skinner            | - Educational Psychology.     |
| 2. Sorenson           | - Psychology of Education.    |
| 3. Cronbach           | - Educational Psychology.     |
| 4. Lindgren           | - Educational Psychology.     |
| 5. Suleiman and Sinha | - Adhunik Shiksha Manovigyan. |
| 6. Mathur             | - Shiksha Manovigyan          |
| 7. Jsmuar , K . K     | - Shiksha aur Manovigyan      |
| 8. Pnadey, J.         | - Shiksha aur Manovigyan      |

**B. A. Part II Honours**  
**Paper - IV**  
**Systems of Psychology**

**F. M. - 75 marks**

**Time- 3 hours.**

Atleast one question to be set Frome each chapter.Five to be answered out of ten questions.

1. Structuralism: Wundt's Systematic Psychology and Titchener's Structural Psychology
2. Functionalism: Antecedents of Functionalism, Functionalism as a System, Chicago Functional Psychology- Dewey, Angell and Carr , Columbia Functional Psychology-J-M. Cattel and E. L Thorndike
3. Behaviourism: Early Behaviourism – Antecedents, Watsonian Behaviourism as a system. Later Behaviourism: Contribution of Guthrie, Hull, Skinner and Tolman Distinction between Early and Later Behaviourism .
4. Psychoanalytic Schools Contribution of Freud, Jung and Adler to Psychology.
5. Neo–Freudians: Contributions of Kardiner , Horney and Ruth Benedict.
6. Gestalt Psychology: Gestalt Psychology as a system, Experimental Contribution of Gestalt Psychology. Criticisms and Present States of Gestalt Psychology.
7. Humanistic Psychology: Basic tenants, Antecedents; Contributions of Roger's Self Theory and Maslow's Self-actualization Theory, Criticism of Humanistic Psychology.

**Books Recommended**

1. Woodworth and Schlosberg - Contemporary School of Psychology.
2. Heidbreder - Seven Psychologies.
3. Shultz - History of Psychology.
4. Murphy Gardner - Historical Introduction to Modern Psychology.
5. Ram Nath Sharma - Manovigyan ka Itihas.
6. Arun Kumar Singh - A Comprehensive History of Psychology
7. Arun Kumar Singh - Manovigyan Ka Samgra Itihas

## Paper- Testing

**F. M . – 50 marks**

**Time – 4 hours**

### **Distribution of marks**

Test – I – 20 Marks

Test – II – 20 Marks

NB -- 10 Marks

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Total =50 Marks

Any Two out of Four to be Administered on the Testee in the Examination.

1. Verbal Test of Intelligence – Bihar General Intelligence Test by S. M. Mohsin.
2. Emotional Intelligence Scale by A. K. Singh and Shruti Narain.
3. Stress Scale by Vijaya Lakshmi and Shruti Narain.
4. Eyesneck Personality Inventory.
5. Mohsin Shamshad Bell's Adjustment Inventory .

**B. A. Part II**  
**Psychology Subsidiary**  
**Paper II**  
**Psychopathology**

**F. M. – 75 marks**

**Time – 3 Hours**

At least one question to be set Frome each chapter. Five to be answered out of ten questions.

1. Distinction between normal and abnormal ; Different views about abnormality .
2. Unconscious – Nature and Proofs: Id, Ego and super – ego.
3. Psychopathology of everyday life; Mental Mechanisms – Repression, Sublimation, Projection and Rationalization.
4. Dreams – Mechanism; Wish fulfilment theory of Dream.
5. Difference between Neurosis and Psychoses. Diseases – Hysteria, Obsessive – Compulsive Neurosis and Paranoia : Aetiologies and Symptoms.
6. Psychotherapy – Meaning Uses; Psychoanalytic therapy.

**Book Recommended**

1. Page, J. D. - Abnormal Psychology.
2. Girishbala Mohanty - Abnormal Psychology
3. Sinha & Mishra - Asamanya Manovigyan.
4. Makheeja & Makheeja- Asamanya Manovigyan.
5. Sulaiman & Kumar - Adhunik Asamanya Manovigyan.

**B . A. Part II Subsidiary**  
**Paper- Experiment**

**F . M. – 25 marks**

**Time-2 hours**

Distribution of Marks

Experiment – 20 Marks

N . B -- 05 Marks

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Total -- 25 Marks

One experiment to be conducted out of two questions.

1. Verbal Learning – Method of Simple reproduction and Serial Learning.
2. Sensory Motor Learning – Mirror Drawing and Card Sorting experiments.
3. Measurement of the extent of Muller- Lyer Illusion by the method of average error.
4. Recall and recognition.

**B. A Part- III Honours**  
**Paper – V**  
**Social Psychology**

**F. M. – 100 marks**

**Time – 3 hours.**

One question to be set from each chapter. Five be answered out of ten questions.

1. Introduction – Subject Matter and Scope; Relation of Social Psychology with Sociology and Anthropology.
2. Methods – Observation, Experiment and Survey – Merits and Limitations.
3. Socialization – Process, Factors influencing Socialization, Culture and Personality.
4. Attitudes – Meaning, Attitude and related Concepts: Belief Opinion and Motive ; Formation of Attitude , Change of Attitude , Methods of Attitude Measurement Likert and Thurstone's Scale.
5. Prejudice – Meaning , Prejudice and Attitude , Stereotypes, Origin and Reduction of Prejudice .
6. Group – Individual Vs Group , Kinds of Group –Structure and Function .
7. Leadership – Nature and Emergence of Leadership; Types, Traits and Functions of a Leader, Leadership Training.
8. Propaganda – Meaning, Propoganda and Education Principals , Technigues and Media of Propoganda .
9. Public Opinion – Meaning, Formation, Media and Role of Public Opinion in Democracy.
10. Social Tension – Kinds – Caste Communal and Regional, Causes and Reduction of Social Tensions in India, National Integration.

**Books Recommended**

1. Young , K. – Handbook of Social Psychology .
2. Kretch , Crutchfield – Individual in Society . & Ballachy .
3. Secord and Backman – Social Psychology .
4. Md. Sulaiman – Adhunik Samaj Mnaovigyan.
5. Singh U.P Singh & Singh – Samaj Manovigyan ( Hindi Granth Academy )
6. Rastogi – Samaj Manovigyan.
7. Kuppuswami – Social Psychology ( Hindi version)



## **B. A. Part III Honours**

### **Paper VI**

**Group – A** : Research Methodology (50 marks)

**Group – B** : Statistics (50 marks)

**F.M. – 100 marks**

**Time – 3 hours**

Five to be answered on of ten questions. At least two questions to be attempted from one Group.

#### **Group - A**

#### **Research Methodology**

1. Nature and Stages of Psychological Research. Writing a research report.
2. Hypothesis – Problem and Hypothesis, Sources of Hypothesis. Criteria of a Good Hypothesis.
3. Interview – Meaning. Interview Schedule, Interview as a tool of Psychological Research, Sources of Error in Interview.
4. Observation & Experiment: Observation- Meaning, Advantages and Limitations; Experiment Variables, Types of Laboratory and Field experiments: Advantages and Limitations.
5. Sampling – Meaning, Random, Purposive and Stratified. Sampling Techniques.

#### **Books Recommended**

1. Jahoda et al.- Scientific Social Surveys.
2. Goode & Hatt - Methods of Social Research.
3. Mohsin, S. M. - Research Methods.
4. Singh, Arun Kumar- Research in Behavioural Science.

#### **Paper VI**

#### **Group- B**

#### **Statistics**

1. Frequency distribution Graphic Representation – Frequency Polygon, histogram and ogive.
2. Measurement of Central Tendency and Variability - Mean, Median, Modc, Q, AD and SD.
3. Normal Probability Curve and its Applications, Skewness and Kurtosis.
4. Reliability of Difference between two Means – Correlated and uncorrelated Groups .

#### **Book Recommended**

1. Garrett Statistics in Psychology and Education.
2. Guilford Fundamental Statistics in Psychology an Education.
3. Md. Sulaiman Sankhiyiki Ke Mool Tatva.
4. Mohsin Elementary Statistics.
5. Sinha, R. P. & Mishra, B. K Manovigyan Me Prayog and Sankhiyki.

**B. A. Part III Honours**  
**Paper - VII**

**Group – A : Industrial Psychology (50 marks)**

**Group – B : Clinical Psychology (50 marks)**

**F. M. – 100 marks**

**Time – 3 Hours.**

Five to be answered out of ten questions. At least Two questions to be attempted from one Group .

**Group – A**  
**Industrial Psychology**

1. Problems, Scope and Foundations of Industrial Psychology.
2. Physical Environment at Work – Illumination, Temperature, Humidity and Ventilation, Noise, Hours of Work and Rest Pause.
3. Fatigue and Monotony – Nature, difference between Fatigue and Monotony, Causes of Fatigue and Monotony, Methods of reducing Fatigue and Monotony in Industry.
4. Scientific Management: Principles , Contribution of Taylor and Gilbreths.
5. Accidents – Accident proneness, Causes and Prevention of Accidents.
6. Vocational Selection – Difference between Vocational Guidance and Selection. Job analysis –Meaning, Method and Uses.
7. Methods of Worker analysis – Application Blank, Interview and Test: Their Uses and Limitations.

**Books Recommended**

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|----------------------------|--|
| 1. May Smith               | An introduction to Industrial; Psychology.     |
| 2. Miers                   | Psychology in Industry.                        |
| 3. Tiffin and Mo Coronic K | Industrial Psychology.                         |
| 4. Kochar DC .             | Audhyogik evam Sngathan manovigyan             |
| 5. Ojha, R . K .           | Audhyogik mManovigyan.                         |
| 6. Sulaiman                | Audhinik Udyogic avam Sanglthnatmak Manovigyan |

**Group- B**  
**Clinical Psychology**

1. Nature of Clinical Psychology. A Brief Historical Review, Distinction between Clinical and Abnormal Psychology.
2. Clinical problems – Psychosomatic Problems, Psychopathic Problems and Criminal Behaviour: Genesis and Remedial Measures.
3. Diagnosis – Functions of Diagnosis, Diagnostic Interview. Overview of Uses of Psychological Tests for Clinical Purposes.
4. Diagnoatic Tools – Intelligence and Personality Tests and their Diagnostic Values.
5. Psychotherapeutic Techniques Behaviour Therapy, Group Non – directive Therapy and psychodrama.
6. Role of Clinical Psychologists in different field: Mental Hospital, Child Guidance Clinics, schools and industry.

**Books Recommended**

1. Shaffer and Lazarus      Fundamental Concepts in Clinical Psychology.
2. Korchin                      Clinical Psychology.
3. Verma, R. M.                Clinical Psychology.
4. Hassan                        Naidanik Manovigyan.
5. Sulaiman and Kumar      Adhunik Naidanik Manovigyan.

**B. A. Part III Honours**  
**Paper – VIII**

**Group – A :** Experiment (50 marks)

**Group – B :** Project/ Survey Report (50 marks)

**F. M. 100 marks**

**Time – 4 Hours**

**Group – A**  
**Experiment**

**Distribution of Marks**

Experiment— 40 Marks

N. B. - 10 Marks

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Total = 50 Marks

One Experiment to be conducted out of Two questions.

1. Aesthesiometric Index by method of limits and constant stimuli.
2. D. L. and verification of Weber's law by the method of limits and constant stimuli.
3. Reaction time – Simple – Sensorial and Muscular, Complex – choice & discrimination.
4. Effect of fatigue and rest on mental work.
5. Fluctuation of attention.

**Books Recommended**

1. Postman and Egan- Experimental Psychology
2. Underwood- Experiments in Psychology
3. Mohsin- Experiments in Psychology.
4. Sulaiman and Kumar- Manovigyanic Prayog aur Prikshan
5. Sinha. R.R.P. and Mishra B.K.- Manovigyan Me Prayog, Pariksh Avam Shankhiki, Bharti Bhavan, Patna.
6. Singh Arun Kumar- Manovigyan Me Prayog Avam Prikshan.
7. Singh, Laxmi- Manovigyan Prayog Avam Prikshan.

**Group – B**  
**Project / Survey Report**

**Distribution of Marks**

Project / Survey Report - 40 Marks

Viva voce - 10 Marks

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Total = 50 Marks

Project / Survey

A project or Survey report will be prepared and submitted by the student on any socially relevant topic or as per prescribed syllabus.

**B. A. I General Course**  
**Paper – I**  
**General Psychology**

**F. M- 75 marks**

**Time – 3 hours**

Five Questions to be answered out of ten question. At last one question to be set from each chapter.

1. Subject-Matter of Psychology and Method – Introspection, Observation and Experimental – Merits and Demerits.
2. Nervous System – Kinds of Neurons, Synapse, All or None Law; Structure and functions of human brain.
3. Perception – Nature, Characteristics and Process; Gestalt view.
4. Learning – Nature, Theories – Trail and Error, Insight and Classical Conditioning.
5. Remembering and Forgetting – Nature and processes of remembering Nature and causes of forgetting.
6. Emotion – Nature, Bodily changes, James Lange and Cannon Bard Theories.
7. Thinking – Nature and Process, Thinking and Imagining and Creative Thinking.
8. Motivations – Nature and Kinds.
9. Intelligence – Nature, and Measurement.
10. Personality – Nature, Types and Traits Approach; Determinates: Biological and Social.

**Book Recommended:-**

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|----------------------------|-------------------------------|
| 1. Morgan, King & Robinson | : Introduction to Psychology. |
| 2. Spencer, A. Rathus      | : Essentials of Psychology.   |
| 3. Sulaiman and Kumar      | : Adhunik Samanya Mnaovigyan  |
| 4. Ram Prasad Pandey       | : Samanya Manovigyan          |
| 5. Sinha & Mishra          | : Samanya Manovigyan          |

**B . A . Part – I**  
**General Course**  
**Paper- Practical**

**F. M . - 25 Marks**

**Time – 2 hours**

Distribution of Marks :-

Statistics – 05 marks

Testing – 15 marks

N B - 05 marks

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Total - 25 marks

Statistics : One question to be answered two to be set.

1. Preparation of frequency distribution table.
2. Measures of Central Tendencies – Mean Median and Mode.

Testing : One test to be administered at the examination of the following performance tests of intelligence.

1. Pass along test
2. Cube construction test
3. Block Design test.

**Book Recommended:-**

1. Manovaigyanik Prayog avam Parikshan – Sulaiman and Kumar
2. Statistics in Psychology and Education- S. K. Mangal

## **B. A Part II General Course**

### **Paper – II**

### **Psychopathology**

**F. M. – 75 marks**

**Time – 3 hours**

One question be Set from each chapter. Five to be answered out of ten questions.

1. A Brief History of Abnormal Psychology, Different Views about Abnormality, criteria of abnormality.
2. Topographical and Dynamic aspects of mind, Psychopathology of Everyday Life.
3. Psychosexual Development.
4. Mental Conflict and Defence Mechanism.
5. Dream – Dream work, Freud and Jung's theory dreams.
6. Neuroses – Difference between neuroses and Psychogenesis.
7. Psychoses – Paranoia and Schizophrenia – Etiology, Symptoms.
8. Psychotherapy – Meaning and Uses, Psychoanalysis as a method of Psychotherapy.

#### **Books Recommended**

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|-----------------------|--------------------------------|
| 1. Carlson and others | - Abnormal Psychology.         |
| 2. Makhija & Mishra   | - Asamanya Manovigyan .        |
| 3. Sinha & Mishra     | - Asamanya Manovigyan.         |
| 4. Sulaiman and Kumar | - Adhunik Asamanya Manovigyan. |

## **B. A Part II General Course**

### **Paper- Practical**

**F. M. – 75 marks**

**Time – 2 hours**

#### **Distribution of Marks**

Statistics	--	10 marks
Experiments	--	10 marks
Note book	--	05 marks

Statistics: One Question to be answered. (Two to be set.)

1. Preparation of Histogram and Polygon Graphs.
2. Measures of Variability: Range, Standard Deviation and Quartile Deviation.

Experiments: One to be attempted out of two questions.

1. Verbal learning: Method of Simple reproduction and Serial Learning, Prompting and Anticipation.
2. Measurement of Muller – Lyler illusion by the method of average error.

#### **Books Recommended**

1. Mohsin, S.M -- Experiments in Psychology.
2. Sulaiman & Kumar -- Manovigyanic Prayog aur Praikshan.
3. Md. Sulaiman -- Sankiyee keMool Tatva.



## **B. A Part – III General Courses**

### **Paper – III**

#### **Distribution of marks.**

- |                      |                             |
|----------------------|-----------------------------|
| 1. Social Psychology | F.M. 75 marks; Time-3 hours |
| 2. Practical         | F.M. 25 marks; Time-2 hours |

### **Paper- Social Psychology**

Time- 3 hours

F. M. 75 marks

Five to be answered out of ten question from the following chapters.

1. Introduction, Relation of Social Psychology with Sociology and Anthropology.
2. Methods – Observation, Experiment and Interview: Merits and Limitations.
3. Attitudes – Definition, Formation of Attitude and Change Attitude and Change of Attitude.
4. Leadership – Nature, Functions, Types – Demarcatic and Authoritarian.
5. Public Opinion – Meaning, Formation & Media.
6. Propaganda: Meaning, Principals & Techniques.

#### **Books Recommended**

1. Young – A Hand Book of Social Psychology.
2. Kretch, Cru chfield & Ballsehy Individual in Society.
3. Md. Sulaiman – Adhunik Samaj Manovigyan.
4. Mukherjee – Ravindra Nath: Samaj Manovigyan.
5. Rastogi – Samaj Manovigyan.
6. Kuppuswamy – Social Psychology ( Hindi Version)

## **B. A – III General Course**

### **Paper- Practical**

**Time – 2 Hours**

**F. M. – 25 marks**

#### **Distribution of Marks:-**

Experiments – 10 marks

Testing – 10 marks

Note Book – 05 marks

One Practical to be conducted out of Two questions.

1. Span of attention.
2. Distraction of attention.
3. Colour preference by the method of paired comparison.
4. Recall and recognition.

Testing: One to be administered out of ten questions.

1. Mohsin's General Intelligence Test.

Mohsin Shamshad Hindi Adaptation of Bell's Adjustment Inventory.